

Training venues in south west London



Start ← 6km Time Trial course (offset to see roads!) → **Finish**

Thursday night runs – Venue B – Lonsdale Road

Thursday club night's venue – Virgin Active, Fulham Pools, Lillie Road

Thursday night runs – Venue A – Stevenage Road (by Fulham Football Club)

Wednesday winter Turbo Training – Parsons Green Sports and Social Club, Broomhouse Lane

Tuesday winter Hills – Venue B – Hallam Road

Tuesday winter Hills – Venue A – Putney Park Lane

Saturday bike, Sunday run and summer bike venue – Roehampton Gate cafe

Tuesday Summer Track – Running track at back of Barn Elms playing fields

Sheen Gate entrance to Richmond Park

Roehampton Gate entrance to Richmond Park

Tuesday winter Hills – Venue C – 'Speed Bump Hill'